

## Build Up Community with the Gift of T-I-M-E

July 9-10, 2016

### INTRODUCTION: Love You More.

#### 5 Love Languages

1. Words of Affirmation
2. Physical Touch
3. Acts of Service
4. Gifts
5. Quality Time

Mark 3:14a (NIV 1984)

***He appointed twelve that they might be with Him...***

#### Filling Emotional Tanks with Quality Time

Quality Time = \_\_\_\_\_

**1. Be together:** The world takes time. God's love makes time.

- Mark 3:14a ***He appointed twelve that they might be with Him...***

- Psalm 90:1 ***Lord, you have been our dwelling place throughout all generations.***

**2. Fully present:** The world falls in love. God grows us in love.

- John 13:34 ***A new command I give you: Love one another. As I have loved you, so you must love one another.***

- Psalm 90:12 ***Teach us to number our days, that we may gain a heart of wisdom.***

**3. Totally engaged:** The world loves other people when convenient. God’s love empowers us to love others with “all in” commitment.

- James 1:19b ***Everyone should be quick to listen, slow to speak and slow to become angry.***

- Psalm 90:17 ***May the favor of the Lord our God rest on us; establish the work of our hands for us—yes, establish the work of our hands.***

**CONCLUSION: Make a Memory.**

# G.P.S. Grow. Pray. Study.



Things I'd like to remember from this week's message:

**Get each day's GPS** downloaded to your computer/phone/etc. by going to this link [clcm-gps.com](http://clcm-gps.com) or subscribing through **Feedly.com** (or other RSS Reader) to receive daily updates.

**Monday:** Read *Mark 3:14a*. Why did Jesus want his disciples to be with Him? Why is quality time with Jesus still important in our day? When you think of your love language, where in a ranking of 1 as the highest and 5 as the lowest is quality time? Think of someone you love, where do you think that person would rank quality time as their love language?

**Tuesday:** Read *Psalms 90:1*. How does God's love for you, help you to make quality time for others? Looking back at yesterday, what were your quality time ("undivided attention") moments? Looking ahead at today, what potential quality time moments are you building into your schedule?

**Wednesday:** Read *John 13:34*. In John 13, Jesus washes feet. How does such a view of love, as Jesus lives out, resonate with what you have learned about love? Jesus' emphasis is not on foot washing as much as a call to lovingly care for others. How is Jesus calling you to invest your time to express love to others?

**Thursday:** Read *Psalm 90:12*. In numbering days, where have you followed the world's plan to fall in love? How did that work out? Where have you followed God's plan to grow in love? How is that working out?

**Friday:** Read *James 1:19*. What battles against your quality time with others? Phone? Media? Overloaded schedule? What advice does James offer to build deep relationships? How do you see yourself living out that advice today?

**Saturday:** Read *Psalm 90:17*. God loves us with an "all in" kind of love. Where have you seen such love at work in your life? Where is God calling you to bring such love to someone else's life?

#### Going Deeper:

Read the *5 Love Languages* by Gary Chapman.

Download the app at iTunes or go to [5lovelanguages.com](http://5lovelanguages.com)

Make a Memory: What did you do this week to spend quality time (undivided attention) to be together, fully present, and totally engaged?

What do you plan to do next week?