

Build Up Community with Words of Affirmation

July 2-3, 2016

INTRODUCTION: Power of Words.

Ephesians 4:29 (New International Version 1984)

*Do not let any unwholesome talk come out of your mouths,
but only what is helpful for building others up according to their needs,
that it may benefit those who listen.*

5 Love Languages / 5 Love Tanks

1. Words of Affirmation
2. Quality Time
3. Receiving Gifts
4. Physical Touch
5. Acts of Service

Build Up Community with Words of Affirmation

1. *Do not let any unwholesome talk come out of your mouths:* Cut the trash talk, use words people treasure.
- Proverbs 10:31-32 ³¹ *The mouth of the righteous brings forth wisdom, but a perverse tongue will be cut out.* ³² *The lips of the righteous know what is fitting, but the mouth of the wicked only what is perverse.*

- Proverbs 25:11-12 ¹¹ **A word aptly spoken is like apples of gold in settings of silver. ¹² Like an earring of gold or an ornament of fine gold is a wise man's rebuke to a listening ear.**
2. *...but only what is helpful for building others up according to their needs: **God gives joy in words that build.***
- Proverbs 15:23 **A man finds joy in giving an apt reply-- and how good is a timely word!**
 - Proverbs 27:5-6 ⁵ **Better is open rebuke than hidden love. ⁶ Wounds from a friend can be trusted, but an enemy multiplies kisses.**
3. *...that it may benefit those who listen: **Life giving words is God's goal.***
- Proverbs 15:30-31 ³⁰ **A cheerful look brings joy to the heart, and good news gives health to the bones. ³¹ He who listens to a life-giving rebuke will be at home among the wise.**

CONCLUSION: T.H.I.N.K. Words of Affirmation.

Is it True?

Is it Helpful?

Is it Inspiring?

Is it Necessary?

Is it Kind?

G.P.S. Grow. Pray. Study.



Things I'd like to remember from this week's message:

Get each day's GPS downloaded to your computer/phone/etc. by going to this link clcm-gps.com or subscribing through **Feedly.com** (or other RSS Reader) to receive daily updates.

Monday: Read *Proverbs 10:31-32*. When have you felt the power of words that people treasure? What leads you to use words that condemn? Words that affirm?

Tuesday: Read *Proverbs 25:11-12*. When has a word been "aptly spoken" into your life? What was your response? Think of a specific person in your life; what are 5 aspects of their life where you can speak affirming words...

- 1.
- 2.
- 3.
- 4.
- 5.

Wednesday: Read *Proverbs 15:23*. Take a look at your list yesterday. How can you use a note / email / conversation / Facebook post to provide a timely word of affirmation?

Thursday: Read *Proverbs 27:5-6*. Who has permission to speak truth into your life? Who speaks words of correction that affirm their love for you and get your life back on track? Thank God for them today. Make sure you thank them as well! (If you do not have such a person, pray God opens you to receive such a loving friend.)

Friday: Read *Proverbs 15:30-31*. These verses remind me that tone (cheerful) and words (good news) are a tremendous combination in words of affirmation. This week's message challenged each of us to make one compliment a day. How are you doing with that challenge? What have you noticed? What did you expect to happen? What has surprised you?"

Saturday: Read *Ephesians 4:29*. Think of the people closest to you. What do you love most about each of them? How can you sincerely affirm them with words of affirmation? When you think of each person, which ones do you think have words of affirmation as their primary love language?

Going Deeper:

Read the *5 Love Languages* by Gary Chapman.

Download the app at iTunes or go to 5lovelanguages.com

Compliment a Day tracker: Who did you compliment? What did you say? How did they react?

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Saturday: