

G.P.S. Grow. Pray. Study.



Things I'd like to remember from this week's message:

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Grow. Pray. Study. Guide for When Grace Lifts Your Life Out of Grief

Day 1: Read *1 Corinthians 13:4*. How do Paul's words help navigate the path of grief with the grace of God's love? How have you seen that in the life of someone you love? In your life?

Day 2: Read *1 Corinthians 13:5*. In the movie *Up*, Carl's grief leads him to be rude, self-seeking, and a keeper of the record of wrongs. These should have been warning signs that his grief was destroying relationships and himself. What are the warning signs in your grief or in your life that are destroying your relationships with others and yourself?

Day 3: Read *1 Corinthians 13:6*. Our world does a great job of pointing out evil. Where are you rejoicing in the truth these days?

Day 4: Read *1 Corinthians 13:7-8a*. The love Paul writes about is not *our* love, but *Jesus'* love working for us, in us, and through us. Take a moment to reread these verses (and verses 4-6 as well), putting "Christ" in place of the word "love". After you do that, take time to thank Jesus for His great love for us through His grace and especially in our grief. Pray for a grieving friend to experience the love of Jesus today.

Day 5: Read *Matthew 13:45-46*. C.S. Lewis wrote in *Mere Christianity*, "**Pleasure, money, power and safety are all, as far as they go, good things. The badness consists in pursuing them by the wrong method, or in the wrong way, or too much.**" What other "pearls" get in the way of the "pearl of great price"? Where do you need to be careful to put the higher priority on God things rather than good things? What in life distracts you and potentially drives you away from the "Pearl of Great Price" in Jesus?

Day 6: Read *Genesis 22:1-2* and 8. Verse 2 is the first mention of love in the Bible. As Abraham faithfully follows God's command and takes Isaac to the top of the mountain to sacrifice, Isaac asks where the animal is for sacrifice. "**God Himself will provide,**" Abraham answers. And God indeed does for Abraham, Isaac, and us. Where do you need God to provide in your grief? In your life? In the lives of someone you know?

Going Deeper:

Book: *Option B: Facing Adversity, Building Resilience, and Finding Joy* by Sheryl Sandberg. (not a Christian based resource)

Resource: GriefShare.org (Christian-based support group for processing grief)

Next Week: Ephesians 2:10 – **The World's Greatest Showman: God's Creation Masterpiece**